



HARVARD MEDICAL SCHOOL

DEPARTMENT OF CONTINUING EDUCATION

SCHOOL MENTAL HEALTH: TREATING STUDENTS K-12

JANUARY 30-31, 2009

BOSTON PARK PLAZA HOTEL

offered by

**THE DEPARTMENT OF PSYCHIATRY
CAMBRIDGE HEALTH ALLIANCE PHYSICIANS ORGANIZATION**

under the direction of

Judy Reiner Platt

Nancy Rappaport

Jerome J. Schultz

The objective of this course is to assist clinicians and school personnel in optimizing the academic performance and social well being of children and adolescents. As a result of attending this program, participants will learn strategies to promote learning, leadership, and cultural competence. They will gain skills to foster resiliency, educational, social, and emotional growth, and collaboration among students, administrators, mental health professionals, and family members. Participants will identify ways to prevent, assess, and treat stress, bullying, violence, substance abuse, and other risk-taking and disruptive behaviors. This course is intended for mental health and health clinicians, educators, researchers, administrators, and others interested in the well being of students.

For Further Information: Cambridge Health Alliance Physicians Organization (CHAPO-CME) P.O. Box 398075-Inman Square, Cambridge, MA 02139; Phone: 617-503-8445; Fax: 617-503-8460; Email: cme@challiance.org; Web: www.cambridgecme.org

FRIDAY – JANUARY 30, 2009

8:00 - 8:45 REGISTRATION AT THE BOSTON PARK PLAZA HOTEL

8:45 - 12:45 MORNING PROGRAM - Moderator: Jerome J. Schultz

Helping Students Take Charge of Their Lives:
Fostering Social and Emotional Skills..... Bethany Casarjian
School Interventions for Bullying and Cyberbullying Elizabeth K. Englander
Strategies for Reducing Stress in the School Paul Richards
Building Resilient School Communities..... Douglas M. Delaney,
Harry W. Parad

12:45 - 2:00 BREAK

2:00 - 5:00 AFTERNOON PROGRAM - Moderator: Nancy Rappaport

Practical Approaches to Remediate Executive Function Deficits Sarah Ward
It Takes a Community to Attain Effective Prevention and Intervention Rich Catrambone,
Debra D'Arcy, Alison Malkin,
John Panica, Student

SATURDAY – JANUARY 31, 2009

8:45 - 12:45 MORNING PROGRAM - Moderator: Ulrick Vieux

Why We Can't "Just Say No":
Intervening in Unhealthy Risk Taking among Students..... Laura Rogers
Creating Safe Spaces for GLBTQ Students in Schools Colby Berger
Transforming School Discipline: Responding to the Needs of
Challenging Students (and Their Teachers) Ross W. Greene
Strategies for Working with Children with Asperger's Syndrome..... Alex Smith-Michaels

12:45 - 2:00 BREAK

2:00 - 5:00 AFTERNOON PROGRAM - Moderator: Maria C. Saino

Dispensing Medication - Dispensing Controversies:
Fact and Fiction on Child and Adolescent Psychopharmacology Nancy Rappaport
Keeping Challenged and Challenging Students in School:
Case Studies, Strategies, and Solutions David Gotthelf,
Abigail C. Hanscom,
Jerome J. Schultz

SCHOOL MENTAL HEALTH

January 30-31, 2009

Course # 292466

Physicians' Fee: \$350 (USD)
Other Professionals: \$275 (USD)

(Including Residents and Fellows with letter of verification)

(Please Print Clearly)

Full Name _____

Last

First

Middle Initial

Mailing Address _____

Street

City

State

Zip

Daytime Phone (_____) _____ Fax (_____) _____

E-Mail Address _____

Please check if you want to be **excluded** from receiving email notices of future Harvard Medical School Department of Continuing Education programs.

(circle one):

Physician Psychologist Nurse Social Worker Family Therapist Counselor Educator Student Other: _____

Check is enclosed: Please make your check payable to *Harvard Medical School* and mail it with this registration form to:

Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825

Payment by Credit Card (Visa or Mastercard) is ONLY accepted at: www.cme.hms.harvard.edu/courses/schoolmentalhealth

FACULTY

COLBY BERGER, Ed.M., Director, LGBTQ Services, Home for Little Wanderers; Consultant, Massachusetts Department of Social Services; Awards include: Gay and Lesbian Adolescent Social Services of Los Angeles Champion Award and Massachusetts Democratic Future's LGBT Activist of the Year Award; Co-Chair, LGBT Commission, Cambridge; Co-Producer/Director, *Learning to be Straight: The (De)Construction of Heterosexuality*; Contributor to: *Gay and Lesbian Review Worldwide*; *Lesbian, Gay, Bisexual and Transgender Youth: An Epidemic of Homelessness*

BETHANY CASARJIAN, Ph.D., Clinical Director, National Emotional Literacy Project for Youth-at-Risk, Boston; Former positions include: Clinical Director, Heritage School, East Harlem, New York and Adjunct Professor, Columbia University; Author: *Power Source Parenting: Growing Up Strong and Raising Healthy Kids*; *Mommy Mantras*; Co-Author: *Power Source: Taking Charge of Your Life*

RICH CATRAMBONE, LICSW, CAGS, Prevention/Intervention Counselor, Newton Public Schools; Private Practice

DEBRA D'ARCY, BS, Juvenile Probation Officer, Middlesex County Juvenile Court, (formerly at Roxbury District Court, and Dedham District Court); Recipient, 2008 Annual Youth Leadership Award, Newton Youth Commission; Former Member, Newton District Court Advisory Board

DOUGLAS M. DELANEY, LICSW, Senior Consultant, Boston School-Based Program, and Senior Clinician, Side by Side collaboration model, Wediko Children's Services, Boston and Windsor, New Hampshire

ELIZABETH K. ENGLANDER, Ph.D., Founder and Director, Massachusetts Aggression Reduction Center, and Professor of Psychology, Bridgewater State College; Author of numerous publications including *Understanding Violence*

DAVID GOTTHELF, Ph.D., Coordinator, Therapeutic Services/Psychologists, and School Psychologist, Brown Middle School, Newton Public Schools; Recipient, Robert Levitan Alumni Educator of the Year Award, Brandeis University; Private Practice, Needham; Contributor to: *Journal of Developmental and Behavioral Pediatrics*

ROSS W. GREENE, Ph.D., Associate Clinical Professor, Harvard Medical School; Author: *Lost at School: Why Our Kids with Behavioral Challenges are Falling through the Cracks - and How We Can Help Them*; *The Explosive Child*; *Treating Explosive Kids: The Collaborative Problem Solving Approach*

ABIGAIL C. HANSCOM, Ed.M., MSW, CAGS, Assistant Director for Student Services, Newton Public Schools

ALISON MALKIN, LICSW, Prevention/Intervention Counselor, Newton Public Schools; Advisory Committee Chair, Bedford Youth and Family Services; Contributor to: *Journal of Child and Adolescent Group Therapy*

JOHN PANICA, Youth Officer, Newton Police Department

HARRY W. PARAD, Ph.D., Executive Director, Wediko Children's Services, Boston and Windsor, New Hampshire; Consultant: McKinley Schools, Boston, and other Massachusetts schools

JUDY REINER PLATT, Ed.D., Director, Division of Continuing Education, Department of Psychiatry, Cambridge Health Alliance; Lecturer on Psychiatry, Harvard Medical School

NANCY RAPPAPORT, M.D., Director of School Programs, Cambridge Health Alliance; Assistant Professor of Psychiatry, Harvard Medical School; Publications include Contributing Author: *Innovative Strategies for Preventing Psychological Problems*; *Handbook of School Mental Health*; *Child and Adolescent Psychiatric Clinics of North America, 2006*; Contributor to: *American Journal of Child and Adolescent Psychiatry*; *Journal of Pediatrics*; and others

PAUL RICHARDS, Ed.M., Principal, Needham High School

LAURA ROGERS, Ed.D., Lecturer: Harvard Graduate School of Education and Tufts University; Co-Developer, The New Teachers Collaborative, Theodore R. Sizer Teachers Center, Devens; Founder, Former School Psychologist, and Special Education Administrator, Francis W. Parker Charter Essential School, Devens; Co-Author: *Fires in the Middle School Bathroom*

MARIA C. SAINO, LICSW, Social Worker, Child and Adolescent Outpatient Psychiatry, Cambridge Health Alliance

JEROME J. SCHULTZ, Ph.D., Lecturer in Psychology, Department of Psychiatry, Cambridge Health Alliance at Harvard Medical School; Clinical Neuropsychologist and Consultant in Private Practice, Lexington; Editorial Advisory Board, *Academic Psychiatry*; Board Member, Massachusetts Parent Advisory Council; Contributing Author: *Learning Disabilities: Information and Resources*; *The Experts Speak: Parenting the Child with Learning Disabilities*; *Successful Lifetime Management: Adults with Learning Disabilities*

ALEX SMITH-MICHAELS, BA, (Psy.D. student); Executive Director and Co-Founder, Milestones, Waltham; Member of numerous scientific and educational boards; Author: *Postcards from My Mind: Asperger's Syndrome*; "Asperger Syndrome", The Asperger Connection Online, Shriver Center, University of Massachusetts Medical School

ULRICK VIEUX, D.O., M.S., Co-Director and Co-Founder, Juvenile Diversion Clinic, Cambridge Health Alliance and Cambridge Police Department; Attending Psychiatrist, Everett Teen Health Center and Anna May Powers Clinic, Everett, Cambridge Health Alliance; Clinical Instructor in Psychiatry, Harvard Medical School; Contributor to: www.blackwomenshealth.com

SARAH WARD, MS, CCC/SLP, Speech and Language Pathologist, Lincoln; Adjunct Faculty, Massachusetts General Hospital Institute of Health Professionals, and recipient of its Awards for Distinguished Alumni, Faculty in Excellence, and Expertise in Clinical Practice; Member: Massachusetts Acquired Brain Injury Advisory Board, and National Institutes of Health Model Systems Traumatic Brain Injury Grant Advisory Board; Past President, Massachusetts Brain Injury Association

2008-2009 CAMBRIDGE/HARVARD CALENDAR

November 21-22	Couples	April 3-4	Young Adults
December 12-13	Bipolar Disorder	May 1-2	Meditation and Psychotherapy
January 30-31	School Mental Health	May 29-30	The Practice of Psychotherapy
March 6-7	Addictions		

GENERAL INFORMATION

REGISTRATION:

Physicians - \$350 Other Professionals - \$275 (including Residents and Fellows in Training with letter of verification)

All foreign payments must be made by a draft on a United States bank or by Visa or Mastercard. If paying by check, make it payable to Harvard Medical School and mail with completed registration form to: **Harvard Medical School Department of Continuing Education, P.O. Box 825, Boston, MA 02117-0825**. If paying by credit card, please register online at www.cme.hms.harvard.edu/courses/schoolmentalhealth Telephone, Fax, or mail-in registrations by credit card are not accepted. Inquiries should be directed to the above address, made by phone, (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST) or by e-mail: hms-cme@hms.harvard.edu. Upon receipt of registration, a confirmation letter will be mailed to the address listed on the form. **Program changes/substitutions may be made without notice.**

ONLINE INFORMATION:

To ensure proper registration, please add the first three letters of the source code found at the bottom of the registration form.

To register by credit card, or to view course information, visit: www.cme.hms.harvard.edu/courses/schoolmentalhealth

REFUND POLICY:

A handling fee of \$60 (USD) is deducted for cancellation. Refund requests must be received by mail or fax (617) 384-8686 one week prior to the course. No refund will be made thereafter.

COURSE LOCATION AND ACCOMMODATIONS:

All sessions will be held at **The Boston Park Plaza Hotel**. Hotel rooms in Boston are limited; you are urged to make your reservations early. A block of rooms has been reserved at **The Boston Park Plaza Hotel**, 64 Arlington Street, Boston, MA 02116 (617) 426-2000 or (800) 225-2008 until **January 6, 2009**. Please specify that you are enrolled in this course to receive a reduced room rate of \$179. A map of Boston listing local hotels will be sent with your confirmation of enrollment. For additional housing assistance, please call Boston Reservations at (617) 332-4199 or BostonReservations.com

TRAVEL INFORMATION:

For information about reduced airfare, call the Harvard Medical School Department of Continuing Education at (617) 384-8600, Monday-Friday, 10 a.m. to 4 p.m. (EST).

CONTINUING EDUCATION:

PHYSICIANS: Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Harvard Medical School designates this educational activity for a maximum of 14 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is approved by the American Psychological Association to sponsor continuing education for psychologists. The Cambridge Health Alliance, Psychiatry Continuing Education Division, maintains responsibility for the program and its content. This course offers 14 credits.

COUNSELORS and EDUCATORS: The Cambridge Health Alliance, Psychiatry Continuing Education Division, is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. It is the responsibility of the provider to abide by NBCC Continuing Education Guidelines. This program is approved for 14 contact hours and is applicable for Commonwealth of Massachusetts Counseling and Allied Mental Health Professionals and is approved for 14 Professional Development Points (PDPs) by the Department of Education.

NURSES: The American Nurses Credentialing Center, Commission on Accreditation, accepts continuing education from the Accreditation Council on Continuing Medical Education (ACCME) toward recertification. The Cambridge Health Alliance, Psychiatry Continuing Education Division, verifies that this course is a planned, organized learning experience designed to augment the knowledge, skills, and attitudes for the enhancement of nursing practice to the end of improving health care to the public as mandated by Massachusetts Regulation 244 CMR 5.00 toward relicensing requirements. This course offers 16.8 hours.

SOCIAL WORKERS, ADDICTION COUNSELORS and FAMILY THERAPISTS: Application for continuing education credit has been made to the Massachusetts Chapter of the National Association of Social Workers, Massachusetts Board of Substance Abuse Counselor Certification (MVCVAC/MBSACC), and MA, RI, and CT, Chapters of The Association for Marriage and Family Therapy. 14 credits are pending.

THIS COURSE MEETS THE CRITERIA FOR 14 RISK MANAGEMENT CREDITS